

University of San Diego

Digital USD

Swimming & Diving (Women)

University of San Diego Athletics Media Guides

Fall 1994

University of San Diego Swimming & Diving Media Guide 1994-1995

University of San Diego Athletics Department

Follow this and additional works at: <https://digital.sandiego.edu/amg-swimdive>

Digital USD Citation

University of San Diego Athletics Department, "University of San Diego Swimming & Diving Media Guide 1994-1995" (1994). *Swimming & Diving (Women)*. 7.
<https://digital.sandiego.edu/amg-swimdive/7>

This Catalog is brought to you for free and open access by the University of San Diego Athletics Media Guides at Digital USD. It has been accepted for inclusion in Swimming & Diving (Women) by an authorized administrator of Digital USD. For more information, please contact digital@sandiego.edu.



Brock Scott, Busco-Nestor

Torero Veterans and Newcomers

Standing (l-r): Senior Nancy Ash, freshman Megan Thompson, senior Jennifer Klaas and freshman Cindy Johnson.

Sitting (l-r): Freshmen Mary Wurster, Laura Sides and Corise Bittner.

USD WOMEN'S SWIMMING & DIVING
1994-95 MEDIA GUIDE

THE UNIVERSITY OF SAN DIEGO

Setting

The University of San Diego is an independent Catholic institution of higher education. Founded in 1949, USD is located on 180 acres overlooking Mission Bay, San Diego Harbor and the Pacific Ocean. The campus is named Alcalá Park and is located just 10 minutes from downtown San Diego.

Academics

USD enrolls more than 6,200 students who have a choice of more than 50 undergraduate and graduate degree programs. The University includes the College of Arts and Sciences, and the Schools of Business Administration, Education, Law and Nursing. Class size generally averages between 10-30 students with the student to teacher ratio being 18:1. Over 96 percent of USD's full-time faculty hold doctorates.

Student Life

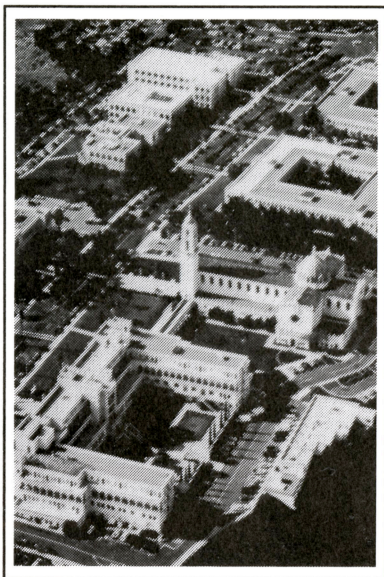
Student activities include cultural events, dances, boat cruises, beach parties, BBQ's, concerts, comedy nights, symposia and much more. Students participate in a wide range of volunteer projects such as adult literacy tutoring, senior citizen outreach, and house building in Tijuana. Over two-thirds of the USD community partakes in intramural sports.

The Campus

The USD campus is one of the most architecturally unique institutions found in the country, featuring 18 major buildings designed in an ornamental 16th century Spanish Renaissance style.

In the last decade USD has completed eight major construction and expansion projects. In 1990, the

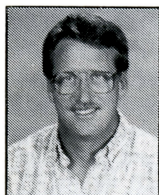
renovated Katherine M. and George M. Pardee Jr. Legal Research Center opened, a facility double the size of the former law library, offering the latest in information technology.



Athletics

San Diego is a member of the West Coast Conference and Pacific Coast Swimming Conference. USD competes in 16 intercollegiate sports on the NCAA Division I level. Women's sports include: swimming/diving, basketball, crew, cross country, soccer, softball, tennis and volleyball. Men's sports include: baseball, basketball, crew, cross country, golf, football, soccer and tennis. In the past two seasons alone, five USD teams have advanced to NCAA Tournaments. Last year, USD's gridiron squad became a charter member of the 1-AA Pioneer Football League.

USD COACHING STAFF



Bill Morgan, Head Coach

One of the most successful coaches in southern California, Bill Morgan begins his second season at USD and 15th year as a collegiate coach. He became the second head coach in the program's 17-year history on May 27, 1993.

Morgan's impressive credentials include 13 seasons as head coach of the women's (1979-90) and men's (1977-90) swimming programs at the University of California, San Diego (see below). In his tenure at UCSD, Morgan led Triton squads to six second-place finishes at the NAAs. Morgan was named NCAA Division III Women's Swimming Coach of the Year in 1985 and Men's Swimming Coach of the Year in 1989.

A 1976 graduate of San Diego State (BA, Recreation Administration), Morgan established Aztec swim records in the 1,000 and 1,650 freestyle and 400 IM events following an All-American junior college career.

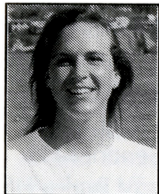
Morgan's La Jolla Legacy

- 108 Division III All-Americans
- 18 NCAA individual champions
- 13 NCAA Record holders
- 3 Academic All-Americans
- 2 NCAA Post-graduate scholarship recipients

Bill and wife, Gretchen, reside with their two young daughters in Del Mar, Calif.



Tracie Childs, Assist. Coach



A four-year swimmer for the Toreros (1989-93), Tracie Childs begins her second season as assistant swim coach.

The Boulder, Colo. native scored points for USD in four consecutive PCSC Championships and captained the 1992-93 USD squad her senior season.

Childs, who also swam for the Oregon-based Multnomah Athletic Club, is working towards a law degree at USD.

Karen Jewell, Diving Coach

Karen Jewel begins her fourth season as USD's diving coach. She previously served as diving instructor at Grossmont College.



Jewell took a break from collegiate diving to concentrate on her Civil Engineering degree, obtained from San Diego State in 1989. As a prepster, Jewel earned third place at the 1984 CIF-San Diego Section Championships while at Patrick Henry High.

She and husband Steve reside in La Mesa, Calif.

SEASON OUTLOOK

Having lost six seniors off last year's squad and sporting a roster that's two-thirds freshmen, the 1994-95 Toreros would figure to be in a rebuilding mode. Coach **Bill Morgan** sees things differently. "There's no doubt we're young, but I think this group could be the most talented we have had here."

Morgan expects to be stronger in all events with the addition of five key freshmen. Backstroker **Corise Bittner** (Holmer, Alaska) broke 1:07 in the 100-meter Back at Junior Nationals while **Laura Sides** (Omaha, Neb.) captured two Nebraska state titles in the butterfly. Joining Sides in the Back events will be **Mary Wurster** (Carson City, Nev.), whose conditioning impressed USD coaches during preseason workouts. **Megan Thompson** (Bellingham, Wash.) is a solid freestyler in the 50 and 100 events. **Cindy Johnson** (Littleton, Colo.), an All-America relay swimmer in high school, will be part of an all-frosh relay team at USD.

Senior captain **Jennifer Klaas** (Double Oak, Texas) and junior sprinter **Cami Simmons** (Hemet, Calif.) bring valuable experience to a young USD squad.

USD diving begins and ends with **Natalie Abraham** (Milford, Mass.), a three-year letterwinner and the lone diver on the Torero team.

1994-95 TEAM ROSTER

Name	Event	Ht.	Yr.	Exp.	Hometown/Last School
Natalie Abraham	Diving	5-3	SR	3V	Milford, MA/Milford HS
Suzie Barker	Free/Back	5-10	FR	HS	Santa Ana, CA/Mater Dei HS
Ari Bates	Fly/Free	5-3	FR	HS	Golden, CO/Golden HS
Corise Bittner	Back/IM	5-11	FR	HS	Holmer, AK/Holmer HS
Karen Edgar	Free	5-8	FR	HS	La Mesa, CA/Grossmont HS
Cindy Johnson	Breast/IM	5-7	FR	HS	Littleton, CO/Littleton HS
Lindsay King	Free	5-8	JR	2V	Manhattan Beach, CA/Mira Costa HS
Jennifer Klaas (c)	Free/IM	5-6	SR	3V	Double Oak, TX/Marcus HS
Julia Larson	Breast/IM	5-8	FR	HS	Tacoma, WA/Stadium HS
Kim Maddox	Free	5-9	FR	HS	La Jolla, CA/La Jolla HS
Lauren Minto	Free	5-7	FR	HS	Missoula, MT/Sentinel HS
Laura Sides	Free/Fly	5-8	FR	HS	Omaha, NE/Harry Burke HS
Cami Simmons	Back/Free	5-7	JR	2V	Hemet, CA/Hemet HS
Megan Thompson	Free/Back	5-8	FR	HS	Bellingham, WA/Sehome HS
Rachel Thompson	Free/IM	5-8	JR	TR	Ventura, CA/Ventura JC
Mary Wurster	Back/IM	5-6	FR	HS	Carson City, NV/Carson HS

Head Coach: Bill Morgan (second season)

Assistant Coach: Tracie Childs (second season)

Diving Coach: Karen Jewel (fourth season)

MEET THE TOREROS

CORISE BITTNER

FR

Hometown: Homer, Alaska

Events: Backstroke, Individual Medley

Homer HS: State champion in the 100 and 200 Backstroke...Coached by father, John Bittner...Clocked a 1:06.66 in the 100-meter Back at the Junior Nationals last summer.

Club: Named Swimmer of the Year competing for the Kachemak club team.

Personal: Marine Sciences major...Also recruited by UC Santa Barbara and Washington...Born March 6, 1976 in Homer, Alaska.

LAURA SIDES

FR

Hometown: Omaha, Neb.

Events: Freestyle, Butterfly

Burke HS: Three-year state champion in the 100 Butterfly...Added state titles in the 50 Free, 200 Medley Relay and 400 Medley Relay...Helped Bulldogs to team state championship...Honored as an Academic All-American.

Club: Swam for Metro Omaha team...A member of the Junior National squad.

Personal: Communications major...Has a sister, Allison, who swam at Nebraska...Born Oct. 8, 1975 in Omaha, Neb.

CINDY JOHNSON

FR

Hometown: Littleton, Colo.

Events: Breaststroke, Individual Medley

Littleton HS: Won the Colorado prep title in the 100 Breaststroke...Member of All-America 200 Freestyle Relay (1:38.10) that posted nation's ninth fastest time among public schools.

Club: Captured state crowns in the 100 and 200 Breaststroke events competing for the Aces club team.

Personal: Undecided on major...Sought after by Texas A&M, Wisconsin and Colorado State...Born April 12, 1976 in Denver, Colo.

MEGAN THOMPSON

FR

Hometown: Bellingham, Wash.

Events: Freestyle, Backstroke

Sehome HS: Earned a total of eight state titles in four varsity seasons...Led Sehome to state championship crown as a junior...Broke numerous school records.

Club: Competed for Bellingham Blackfish club program.

Personal: Majoring in business...Parents, Jim and Christy, both played varsity athletics at Central Washington...Recruited by Oregon St., Iowa and Indiana...Born Oct. 2, 1975 in Ellensburg, Wash.

JULIA LARSON

FR

Hometown: Tacoma, Wash.

Events: Breaststroke, Individual Medley

Stadium HS: Won 50 Freestyle at district meet...Holder of several school records...Turned in two top-10 finishes at state championships.

Club: Swam the 100 Breaststroke at Junior Nationals for the Tacoma swim club.

Personal: Biology major...Chose USD for its academics and swim team...Also recruited by Pepperdine and John Hopkins...Father, Lawrence, played tennis at Redlands...Born Nov. 18, 1975 in Rochester, Minn.

MARY WURSTER

FR

Hometown: Carson City, Nev.

Events: Backstroke, Individual Medley

Carson HS: Three-time Scholastic All-American...Swam for three state championship teams at Carson High...Turned in second place finishes in the 200 IM and 100 Back at the prep state meet as a senior.

Club: Qualified for Junior Nationals under the Carson Aquatic club banner.

Personal: Education major...Would like to earn a Master's degree and teach elementary school...Born Jan. 1, 1976 in Carson City, Nev.

MEET THE TOREROS

JENNIFER KLAAS

SR

Hometown: Double Oak, Texas
Events: Freestyle, Individual Medley
USD: Team captain...Trimmed 10 seconds off her 200 Breaststroke time last year...Holds three varsity letters.
Personal: Communications major...Born March 30, 1973 in New York, N.Y.

NATALIE ABRAHAM

SR

Hometown: Milford, Mass.
Events: 1M, 3M Diving
USD: Posted season-best 162.45 in the 1M Diving program last year...Owns three varsity letters...USD's lone diver.
Personal: Marine Biology major...Born Dec. 30, 1972 in New Brighton, Penn.

CAMI SIMMONS

JR

Hometown: Hemet, Calif.
Events: Backstroke, Freestyle
USD: Recorded Toreros' fastest times in the 100 and 200 Backstroke event last season...USD's Swimmer of the Year.
Personal: Majoring in English...Born Oct. 25, 1974 in Banning, Calif.

LINDSAY KING

JR

Hometown: Manhattan Beach, Calif.
Event: Freestyle
USD: Swam in the 1650 Freestyle event at the Pacific Coast Swimming Conference Championships.
Personal: French and Spanish major...Born April 17, 1974 in San Pedro, Calif.

RACHEL THOMPSON

JR

Hometown: Ventura, Calif.
Events: Freestyle, Individual Medley
USD: Redshirted last season after being named Most Valuable Athlete at Ventura J.C. the season before.
Personal: Political Science major...Born July 13, 1973 in Ventura, Calif.

SUZIE BARKER

FR

Hometown: Santa Ana, Calif.
Events: Freestyle, Backstroke
Mater Dei HS: All-CIF selection and three-time Academic All-American.
Personal: Majoring in Secondary Education...Born July 17, 1976 in Orange, Calif.

ARI BATES

FR

Hometown: Golden, Colo.
Events: Butterfly, Freestyle
Golden HS: Twice received All-Jefferson County honors...Member of two league championship teams.
Personal: Biology major...Born May 26, 1976 in Denver, Colo.

KAREN EDGAR

FR

Hometown: La Mesa, Calif.
Event: Freestyle
Grossmont HS: Chosen to First Team All-Grossmont 3A League squad...Cited for Coaches Award.
Personal: Majoring in Political Science...Born Sept. 20, 1976.

KIM MADDOX

FR

Hometown: La Jolla, Calif.
Event: Freestyle
La Jolla HS: Two-time team MVP at La Jolla High...Finished fourth at Wisconsin state meet as a freshman.
Personal: Ocean Studies major...Born April 23, 1975 in Madison, Wis.

LAUREN MINTO

FR

Hometown: Missoula, Mont.
Event: Freestyle
Sentinel HS: Team MVP and recipient of Coaches Award...Placed third at state championships as a freshman freestyler.
Personal: Marine Studies major...Born Aug. 25, 1976 in Missoula, Mont.

USD RECORDS

Event	Name	Season	Time
50 Freestyle	Jennifer Sheldon	1992-93	24.60
100 Freestyle	Jennifer Sheldon	1992-93	53.30
200 Freestyle	Stacey DeGooyer	1983-84	1:58.32
500 Freestyle	Stacey DeGooyer	1983-84	5:12.90
1000 Freestyle	Stacey DeGooyer	1983-84	10:46.80
1650 Freestyle	Nancy Ash	1992-93	18:02.44
50 Backstroke	Denise Odenwald	1981-82	27.20
100 Backstroke	Corise Bittner	1994-95	58.94
200 Backstroke	Corise Bittner	1994-95	2:09.31
100 Breaststroke	Mary Bergen	1990-91	1:08.32
200 Breaststroke	Hilary Devine	1992-93	2:27.65
100 Butterfly	Hilary Devine	1992-93	58.42
200 Butterfly	Laura Sides	1994-95	2:10.34
200 Ind. Medley	Hilary Devine	1992-93	2:09.07
400 Ind. Medley	Hilary Devine	1992-93	4:42.64
200 Medley Relay	Bittner, Larson, Sides, M. Thompson	1994-95	1:51.07
400 Medley Relay	Bittner, Johnson, Sides, M. Thompson	1994-95	4:03.01
200 Free Relay	Otto, Hockett, Bergen, Porter	1987-88	1:40.51
400 Free Relay	Sheldon, Scott, Graczyk, McGlennen	1992-93	3:38.05
800 Free Relay	Sides, Larson, Barker, M. Thompson	1994-95	8:07.68
1 meter Diving	Laura Mostero	1984-85	198.00
3 meter Diving	Theresa Friedheim	1988-89	225.15

* All distances in yards ** Records include first half of 1994-95 season

SPORTS CENTER SWIMMING POOL

The USD Women's Swimming and Diving team competes and trains at the USD Sports Center Swimming Pool, one of the finest aquatic centers in San Diego.

The 10-lane, 25-yard pool features Spanish style architecture and a spacious deck — all set in the heart of Alcalá Park's sporting community. The pool contains dual 1-meter diving boards and is conveniently close to USD's remodeled weight room facility.

The Sports Center Swimming Pool is a popular winter training site for collegiate and high school programs. In the last few years schools such as Colorado State, California, Wyoming, Fresno State, Utah, and Northern Arizona have utilized the grounds in preparation for important meets.

Sports Illustrated used the USD Sports Center Pool as a backdrop for its 1994 swimsuit edition.

1994-95 SCHEDULE

OCTOBER

Sat. Oct. 29 **San Diego State** 12 Noon

NOVEMBER

Fri. Nov. 4 @ UC Irvine 3 p.m.
 Sat. Nov. 5 @ Pepperdine/San Diego State 12 Noon
 Sat. Nov. 12 **Northern Arizona/CS Northridge** 12 Noon
 Sat. Nov. 19 @ UC San Diego/Pomona-Pitzer 11 a.m.

DECEMBER

T-S Dec. 1-3 @ Speedo Cup All Day
 Sat. Dec. 3 Loyola Marymount (@ Long Beach) All Day

JANUARY

F-S Jan. 6-8 @ UC Irvine Invitational All Day
 Tue. Jan. 10 **San Jose State/Fresno State/
 St. Bonaventure** 12 Noon
 Fri. Jan. 13 @ Northern Arizona/Northern Illinois 3 p.m.
 Sat. Jan. 14 @ Claremont Invitational (Diving) All Day
 Sat. Jan. 21 @ San Diego State 12 Noon
 Sat. Jan. 28 **Pepperdine** 12 Noon

FEBRUARY

T-S Feb. 17-19 Pacific Coast Conference Championships All Day
 (@ Long Beach, Calif.)

MARCH

T-S Mar. 16-18 NCAA Championships All Day
 (@ Austin, Texas)

*Home meets held at USD Sports Center Swimming Pool

Pacific Coast Swimming Conference

Univ. of San Diego	UC Davis
Cal St. Northridge	UC San Diego
Loyola Marymount	UC Santa Cruz
Northern Arizona	Alaska Anchorage
Pepperdine	Air Force
San Francisco State	



University of San Diego

USD COPLEY LIBRARY



USD Women's Swimming/Diving Media Guide

Produced by the USD Sports Information Office
 Editor: Daniel Jankowski Printing: Kings Printing
 Photography: Brock Scott, Busco-Nestor

USD Swimming Info Connection Codes

Dial (404) 399-3066 from fax handset
 Enter passcode: 9378; Press 2
 News release #1745; stats/results #1746
 schedule/roster #1747